



# How to Make New Friends

## 1. Smile.

Sharing a smile can be quite welcoming to others.

## 2. Ask questions and start a conversation.

Kids generally enjoy talking about themselves and their favorite things.

If you are curious about a new friend, they are probably curious about you too. Try asking them a question to get them to start talking.

## 3. Invite kids to do something with you.

“Do you want to play?”

“Can I sit next to you at lunch?”

## 4. Share.

Offer to give a new friend a turn.

## 5. Encourage and support.

If something good happens to someone, clap for them or congratulate them.

If someone is feeling sad, ask them if they need anything.

## 6. Find things you have in common.

If you see a new friend doing something you like to do, let them know. Share your favorite part about the activity or hobby.

## 7. Tell a joke.

Everyone loves to laugh, so ask a new friend if they want to hear a joke.

## 8. Practice kindness.

Help a friend put away toys.

Color a picture or write a note or kindness card for someone.

Give a compliment, such as “I like your shirt” or “You did great on that art project.”

